



## Autumn 2006

### Hello and welcome to our Autumn 2006 edition of 'DCS In Touch'

As we look towards the beginning of Autumn it is heartening to find that the warm sunny days are still with us. As we start production of this latest newsletter we have all the fans humming away in the office and the windows are wide open so we have a good breeze to cool us down!

At **DCS** we have enjoyed a busy summer as we put the finishing touches to the launch of our new services which are now operational from 1st September 2006. We have welcomed some new members of staff to our team with specialisms in Cosmetic Surgery and Addictions. We have also added Tuesday as another late night opening for our private counselling clients.

As usual we appreciate comments and ideas from our readers. Please contact Muriel, Denise or David at our Head Office on 01245 349 440

### DNA Clinic

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We are really excited about the launch of new services as part of our DNA Clinic here in Chelmsford. Sequence Biotechnologies Ltd in Liverpool

who run the DNA Clinics nationwide has won no less than four major awards this year and has now been approached by a

larger university laboratory with the aim of merging expertise. This is fantastic news as it has allowed an increase in the number of tests that can be offered by the DNA Clinics.

Newly emerging technology and increased capacity by the laboratory now means that **DCS** are able to offer the following

#### DNA tests:

- Peace of Mind Paternity DNA Tests
- Court Admissible DNA Tests
- Maternity Test
- Sibling Analysis
- Y Chromosome Analysis (The Men Only Test)
- Grandparent Analysis
- Extended DNA Studies
- Express DNA Testing Services

A Peace of Mind DNA test costs from £239.00. For this or any of the other services please telephone 01245 349 440 to book an appointment. Clinic times include a late night and Saturday morning for those unable to make appointments during normal working hours. The main aim of our DNA Clinic is for people to feel supported and cared for, thus confidentiality and sensitivity are of paramount importance.

All clients at the DNA Clinic have the full support of a counsellor and scientific adviser at all stages of the process through to the results.

### Telephone Services

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**DCS** has also launched a Telephone Information and Counselling Service – recognising that some clients prefer the access to a telephone service as a start to working on their problems.

Cosmetic Surgery Information Service Operating as part of our wider cosmetic surgery counselling work, this easy-to-access phone service is a must for anyone considering cosmetic surgery. Clients simply book a telephone session with our Cosmetic Surgery Nurse Specialist, allowing her to answer any questions they may have. She can offer friendly, honest, independent information about the physical and psychological realities and implications of cosmetic surgery, leaving clients far better informed and reassured. She won't make their minds up for them, but she will give them the information they need to make their own decisions. And of course, further counselling is **always available if required.**

### TALK2US

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**TALK2US** is a specialised telephone service for professionals who work with members of the public – professionals such as



solicitors, medical personnel, weight loss consultants, retailers, hairdressers, beauty consultants and others who find themselves exposed to their clients' personal problems. Without the correct training, there can be a tendency to take those problems home where they may impact on family life. **TALK2US** offers those professionals vital support, helping them to offload to someone impartial and more able to deal with them. Simply book a telephone session, paid for in multiples of 15 minutes  
01245 349 440

### **General Counselling**

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This is a telephone counselling service for clients with general counselling issues who wish to access a Counsellor without having to come to **DCS** premises. Again this service can be prebooked via our office on 01245 349 440. All our Telephone Counselling Services can be prepaid by credit or debit card and are charged in 15 minute segments.

### **Lifestyle Counselling**

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Lifestyle Counselling has been launched by **DCS** in recognition that some people are requesting a more cognitive, goal setting, approach to their problems. Sometimes clients

reach a crossroads in life and are unsure of the very things that they had previously relied on and been sure of. Maybe they have made big changes – suddenly lost a lot of weight - undergone cosmetic surgery- restarted a career – approaching retirement – coming to terms with the loss of a loved one. At these times sharing concerns anxieties and hopes for the future with one of our team of counsellors can help clients get to grips with the 'new person' emerging.

**DCS** can help clients reset their goals, reappraise their lives and start achieving different things for themselves.  
Phone David Watson on 01245 349 440 to make an appointment

### **Conflict Resolution & Workplace Mediation**

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**DCS** is now able to offer Workplace Mediation and Conflict Resolution as one of the new services launched this Autumn. This will be of particular interest to companies where workplace conflict has become an issue or to other parties who are in dispute or conflict, e.g. families or neighbours. Please contact

David Watson our Practice Manager for further details on 01245 349 440

### **Essex FM**

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Both Denise and Muriel have given radio interviews over the summer to Essex FM Newsdesk regarding DNA Testing and Cosmetic Surgery Counselling. This has resulted in renewed interest in these services from Essex FM listeners county wide and some local fame and recognition for Denise and Muriel! They are both trying hard not to let their new 'celeb' status go to their heads!

### **Investor in People**

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Hot of the press.....  
**DCS** is delighted to have been awarded Investor in People recognition for another 3 years.

Well done to all the team for all their hard work and dedication.



**DCS** counselling Services

email: enquiry@dcscounselling.co.uk  
web: www.dscounselling.co.uk